



II International Scientific Conference

**RESIDENCY IN FAMILY MEDICINE:
ACHIEVEMENTS, PROBLEMS AND PROSPECTS**

dedicated to the 65th anniversary of the West Kazakhstan Marat Ospanov
Medical University

Programme



Aktobe, the Republic of Kazakhstan, May 18-20, 2022



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**RESIDENCY IN FAMILY MEDICINE:
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Dear Conference Participants,

Modern realities of society require quality training of a primary care physician. The events of the last years have shown us the importance of the role of the physician in general practice. Health systems of all countries unanimously give priority to the development of primary health care.

Residency in family medicine in Kazakhstan is experiencing the initial stages of formation. There are a lot of unresolved issues. But together with that, there is already accumulated joint experience with colleagues.

We hope that our contribution will have positive results in the future.

Kind regards,
Participants of the Ministry of Education and Science
of the Republic of Kazakhstan project
“Capacity building of Medical Education Technology and
Scientific Research in Family Medicine of Kazakhstan”

Format of the Conference: Mixed offline/online

Venue: West Kazakhstan Marat Ospanov Medical University, Rectorate Hall



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May 18, 2022

ROUND TABLE 15.00-18.00

Shinkarenko A., Director of the IMC clinic with a license from the USA and Kazakhstan, accredited by the US Council of Family Medicine

HOW TO RATIONALLY USE THE POSITIVE EXPERIENCE OF TRAINING US FAMILY MEDICINE RESIDENTS

Format: Offline

Venue: West Kazakhstan Marat Ospanov Medical University, Rectorate Hall

May 19, 2022

ZOOM: <https://us02web.zoom.us/j/5118758238?pwd=bXJNRUtVYndJQy9iNzBQa0tXeDI4dz09>

COMPETITION OF SCIENTIFIC PROJECTS of GP residents, interns and resident physicians

Moderators:

Koshmaganbetova G.K., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan
Tuleuova A.M., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan
Imanbayeva A.U., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan

08.00-08.05 Opening remarks by moderators

Time	Presentation
08.05	Karilova Zh., Intern of West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan Research Supervisor: Ismailova I.V. Treatment of patients with reproductive losses in the anamnesis of endocrine genesis
08.20	Maksot A., Intern of West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan Research Supervisor: Akhmetzhanova M.B. Assessment of the quality of life in patients with type 2 diabetes mellitus using the EQ-5D-5L questionnaire
08.35	Tirshilik A., Resident of West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan Research Supervisor: Sakieva K.Zh. Comparative analysis of suicidal behavior in boys and girls
08.50	Abylbay A., Intern of KazNMU, Almaty, Kazakhstan Research Supervisor: Nurmakhanova Zh.M. Lipid profile disorders in patients with non-alcoholic fatty liver disease
09.05	Koshukeeva A., Resident, Kyrgyz Medical Academy named after Akhunbaev, Bishkek,



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	<p>Kyrgyzstan Research Supervisor: Brimkulov N.N. How is the course of bronchial asthma controlled in patients in Bishkek</p>
09.20	<p>Eleuova A., Resident of West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan Research Supervisor: Ostretsova T.P. Pharmaco-epidemiological analysis of the incidence and treatment of coronavirus infection at the PHC level</p>
09.35	<p>Stanbaev D., Resident of KRMU, Almaty, Kazakhstan Research Supervisor: Yeshimbetova S.Z. Dynamics of the structure of the incidence of mental disorders during the Covid-19 pandemic in Almaty</p>
09.50	<p>Rakhimzhanova G., Intern of West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan Research Supervisor: Begalina D. The attitude of nurses to patronage service</p>
10.05	<p>Almaniyazova A., Resident of Nazarbayev University School of Medicine, Nur-Sultan, Kazakhstan Research Supervisor: Smagulova S.K. The universal and progressive model: a clinical case</p>
10.20	<p>Ziyadinova S., Resident of West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan Research Supervisor: Mamyrbayeva M.A. Conflicts in Medicine</p>
10.35	<p>Raukhanova B., Resident of West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan Research Supervisor: Dilmagambetova G.S. The Importance of the Patient Feedback</p>
10.50	<p>Orazaly F., Resident of West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan Research Supervisor: Zhamalieva L.M. Cholestyramine and ursodeoxycholic acid for the treatment of intrahepatic cholestasis of pregnancy: comparison of efficacy and safety for outpatient practice</p>
11.20	<p>Announcement of results</p>



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FAMILY MEDICINE: DEVELOPMENT PROSPECTS

Moderators:

Nugmanova D.S., Association of Family Physicians of Kazakhstan, Almaty, Kazakhstan
 Saparbayev S.S., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan
 Zhamalieva L.M., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan

Time	Presentation
11.30	Welcome speech by Ismagulova E.K., Acting Chairman of the Board-Rector of West Kazakhstan Marat Ospanov Medical University
11.40	Nugmanova D.S., Association of Family Physicians of Kazakhstan, Almaty, Kazakhstan Structure and organization of PHC – the main obstacles to the development of family medicine in Kazakhstan
12.00	Zalika Klemenc Ketiš, University Ljubljana, University of Maribor, Slovenia The use of simulation in primary care education
12.30	Nezih Dagdeviren, University of Trakya, Edirne, Turkey International collaboration for family medicine residency among Turk Countries, standardization and accreditation
13.00	Marta Velgan, Ruth Kalda, Tartu University, Institute of Family Medicine and Public Health Tartu, Estonia Career choices of new family doctors in Estonia
13.30	Danica Rotar Pavlič, President of the Slovenian Association of Family Physicians, University Ljubljana Faculty of Medicine, Ljubljana, Slovenia Depression and the role of primary care
14.00	Milena Kostic, Family Doctor, Belgrade, Serbia General practice in Serbia
14.30	Brimkulov N.N., Kyrgyz State Medical Academy named after. I.K. Akhunbaev, Bishkek, Kyrgyzstan Universal Health Coverage: The Leading Role of PHC Workers
14.50	Abzalova R.A., National Association “Primary Health Care”, Nur-Sultan, Kazakhstan The potential and effectiveness of the mechanism of informed public monitoring and feedback with the population as a tool for managing the quality of medical services
15.05	Kunirova G.Zh., Kazakhstan Association of Palliative Care, Almaty, Kazakhstan The role of PHC workers in the development of PC in the Republic of Kazakhstan
15.20	Shinkarenko A., International Medical Center clinic, Almaty, Kazakhstan A day in the life of a family doctor
15.35	Kuchikova D., Nazarbayev University, School of Medicine, Nursultan, Kazakhstan Cardiovascular health promotion: the role of family physicians and educators
15.50	Zhamalieva L.M., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan Assessment of the competencies of family doctors in residency: experience of development and implementation
16.05	Zhakieva G.R., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan Control of the final result of interns' knowledge by the Start Exam platform
16.20	Karimsakova B.K., West Kazakhstan Marat Ospanov Medical University, Aktobe,



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	Kazakhstan Obstetrics and General medical practice
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17.00-18.30 **WORKSHOP**

Workshop format: Online

ZOOM: <https://us02web.zoom.us/j/5118758238?pwd=bXJNRUtVYndJQy9iNzBQa0tXeDI4dz09>

Abishev Zh., Mindfulness Supervisor, certified MBSR teacher at the MindUp Meditation Center (Russia), Mindful Awareness Project (Ukraine), Mindful Academy Solterreno (Spain)

CONSCIOUS STRESS IS SAFE STRESS

May 20, 2022

ZOOM: <https://us02web.zoom.us/j/5118758238?pwd=bXJNRUtVYndJQy9iNzBQa0tXeDI4dz09>

DRUG CONGRESS “RATIONAL APPROACH TO TREATMENT IN THE PRACTICE OF A FAMILY PHYSICIAN”

Moderators:

Ostretsova T.P., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan
 Miraleyeva A.I., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan

09.00-09.05 Opening remarks by moderators

Time	Presentation
09.05	Kipshakbaev R.K., Caspian University, Almaty, Kazakhstan Myths and legends of clinical pharmacology
09.20	Tabarov A.B., Esbatyrova L.M., National Scientific Center for Health Development named after Salidat Kairbekova, Nur-Sultan, Kazakhstan Regulatory aspects of pharmacotherapy in the Republic of Kazakhstan
09.35	Ziganshina L.E., Cochrane Russia, Kazan, Russia Cochrane Reviews - Rational Use of Medicines
10.05	Nigmedzyanova A.Z., Republican Clinical Hospital of the Ministry of Health of the Republic of Tatarstan, Kazan, Russia Patient Safety in PHC Organizations
10.35	Kabulbaev K.A., KazNMU named after S.D. Asfendiyarov, Almaty, Kazakhstan Issues of polypharmacy and drug therapy in nephrology
10.50	Kalieva Sh.S., Karaganda Medical University, Karaganda, Kazakhstan Favipiravir: is it worth breaking spears?
11.05	Aldiyarova N.T., Professional Association of Clinical Pharmacologists and Pharmacists,



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	Astana, Kazakhstan Vitamin D: not everything is so simple
11.20	Ostretsova T.P., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan Paradoxes of Palliative Care
11.35	Miraleeva A.I., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan Deprescribing - taking care of patient safety

12.00-14.00 **WORKSHOP**

Workshop format: Offline

Venue: Main building of West Kazakhstan Marat Ospanov Medical University, 5th floor, room 516

Musina A.Z., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan

POTENTIALLY DANGEROUS DRUGS IN THE PRACTICE OF A DOCTOR

PSYCHOLOGICAL AND SOCIAL SUPPORT IN THE CONTEXT OF PRIMARY HEALTH CARE

Moderators:

Esimova D.G., National Alliance of Professional Social Workers, Nur-Sultan, Kazakhstan

Temirasheva L.Zh., Health Department of Aktobe region, Aktobe, Kazakhstan

13.00-13.05 Opening remarks by moderators

Time	Presentation
13.05	Torebaeva D.O., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan Assessment of the actual nutrition of patients with type 2 diabetes
13.20	Berdibayeva A.Y., West Kazakhstan Marat Ospanov Medical University, Aktobe, Kazakhstan Assessment of depression in patients with type 2 diabetes in the city of Aktobe
13.35	Khusainova I.R., KazNU named after Al-Farabi, Almaty, Kazakhstan Psychological and social support of patients in the healthcare system of the Republic of Kazakhstan
13.50	Posholchenko S.A., Health Department of Aktobe region, Aktobe, Kazakhstan Signs of Suicidal Behavior
14.05	Masharipova A.V., Astana Medical University, Nur-Sultan, Kazakhstan Comparative assessment of the level of knowledge in the field of palliative care of hospice nurses and primary health care organizations
14.20	Prilutskaya M.V., Semey Medical University, Semey, Kazakhstan Vaccination against COVID-19 and vulnerable populations: focus on chemical dependence
14.35	Ismagulova S.Zh., Branch of the National Alliance of Professional Social Workers,



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	Kyzylorda, Kazakhstan The practice of organizing case management based on interdepartmental interaction
14.50	Moldasheva G.S., Kaltaeva S.S., Zhanuya City Polyclinic, Taraz, Kazakhstan Case Madina
15.10	Sisenbina S.E., Kanyeva M.S., City Polyclinic No. 2, Aktobe, Kazakhstan Case Asma

CLOSING OF THE CONFERENCE 16.00 – 16.20

Presentation of certificates, closing of the conference, adoption of a resolution

ORGANIZING COMMITTEE

Samat Saparbayev

Roza Nurgaliyeva

Lazzat Zhamalieva

Gaukhar Dilmagambetova

Tatyana Ostretsova

Gulzhana Kuzembayeva

Nurgul Abenova

Gulbakyt Koshmaganbetova

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